

Saint Profile: St. Catherine Labouré

Miraculous Medal Visionary • Friend of Mary • Model of Humble Service

Who Was She?

St. Catherine Labouré was born in France in 1806. As a young woman she joined the Daughters of Charity. In 1830, while serving in Paris, she received apparitions of the Blessed Virgin Mary in the chapel on Rue du Bac. Mary showed her the design for what became the Miraculous Medal.



Why Is She Important?

- She helped spread devotion to the Miraculous Medal.
- She reminds us that God often works through humble, hidden people.
- She spent many years caring for the elderly with love and patience.
- Her life points us to Jesus through Mary.

Quick Facts

Born: 1806

Died: 1876

Feast Day: November 28

Place: France / Paris

Religious Order:
Daughters of Charity

Known For:
The Miraculous Medal

Symbols



Miraculous Medal



Rosary



Blue-gray habit
and white cornette



The chapel on
Rue du Bac

A Catchphrase

*“Be humble, listen to Mary,
and serve with love.”*

Why a Teen Might Choose Her for Confirmation

St. Catherine is a great saint for teens who want to grow in simplicity, trust, Marian devotion, and quiet service. She shows that holiness does not require attention—only faithfulness.

Think About It



Where is God inviting me to be faithful
in the small things?

Short Prayer



*St. Catherine Labouré, help me grow in humility,
purity, and love for Jesus. Teach me to trust Mary
and to serve others with joy. Pray for me as I prepare
for Confirmation. Amen.*

St. Catherine Labouré — Pray for us.